

OFFICE ORDER

CIR/NPS/2023-24/26

Date : 20.06.2023

Topic: International Yoga Day 2023

Class : VI to XII

Time: Jun 21, 2023 08:00

Dear students

"Yoga is journey of the self through the self to the self "- Bhagwat Gita .

Yoga is a fun way to relax ,helps in improving the attention span and mind and body .

To celebrate International Yoga Divas on 21th June ,Noida Public School is organising an online session on zoom app .

* It's compulsory for all the students to join the yoga session on zoom .

*Background should be in open space .

*Attire Track suit / lower and white t shirt.

* Timing: 7:55 to 8:40 am

Join Zoom Meeting

<https://us04web.zoom.us/j/71549556234?pwd=JovWXQ9rezOpUucxEckl7ShQ0NmdlC.1>

Meeting ID: 715 4955 6234

Passcode: hfctw3

Regards

Noida Public School