

NOIDA PUBLIC SCHOOL
A-78, SECTOR 23, NOIDA
ANNUAL SYLLABUS (2025-26)
CLASS – XII COMMERCE

SUBJECT - ENGLISH			
MONTH	23 SYLLABUS		NO. OF EXPECTED PERIODS
APRIL	READING SKILLS CREATIVE WRITING SKILLS TEXTBOOK : (1) Flamingo (2) Vistas	1. Comprehension 1. Notice 2. Formal invitation Chapter 1 The Last Lesson Poem 1 My Mother At Sixty Six Chapter 1 The Third Level	25-30
MAY	READING SKILLS CREATIVE WRITING SKILLS TEXTBOOK (1) Flamingo (2) Vistas	1. Comprehension 1. Informal Invitation 2. Reply to Invitations Chapter 2. Lost Spring Chapter 3. Deep water Poem 2. Keeping Quiet Chapter 2. The Tiger King	25-30
JULY	READING SKILLS CREATIVE WRITING SKILLS TEXTBOOK (1) Flamingo (2) Vistas	1. Comprehension 1. Letter to the Editor Chapter 4. The Rattrap Chapter 5. Indigo Poem 3. A Thing of Beauty Chapter 2. The Tiger King	30-32
UT-1 Syllabus Comprehension Notice, Formal Invitations and replies, Letter to Editor, Article writing Literature: Lost Spring, keeping Quiet, The Tiger King,			

AUGUST	READING SKILLS CREATIVE WRITING SKILLS TEXTBOOK (1) Flamingo (2) Vistas	1. Case- Based Comprehension 1. Letter – Job Application Chapter 6. Poets and Pancakes Chapter 7. The Interview Poem 4. A Roadside Stand Chapter 3. Journey to the end of the Earth	30-32
SEPTEMBER	REVISION		
Half Yearly Examination Syllabus: Comprehension, Notice, Formal/Informal Invitations, Formal/Informal replies,, Letter to editor, Job application, Article and Report Writing, LITERATURE: The Last Lesson, Lost Spring, Deep Water, The Rattrap, Indigo, A Thing of Beauty, The Tiger King, Journey to the end of earth, The Enemy			
OCTOBER	READING SKILLS CREATIVE WRITING SKILLS TEXTBOOK (1) Flamingo (2) Vistas	1. Case- Based Comprehension 1. Report Writing Chapter 8 Going Places Poem 5 Aunt Jennifer’s Tigers Chapter 4 The Enemy Chapter 5 On the face of It (Dramatization) Chapter 6. Memories of Childhood	32-36
UT2 READING: Unseen Passage WRITING: Report Writing LITERATURE: FLAMINGO: Indigo(ch. 5) Poets and pancakes ((Ch. 6) A Roadside Stand (Poem) VISTAS: On the face if it (Ch.6) Memories of Childhood (Ch. 7)			
NOVEMBER	REVISION for Pre- Board 1		
Pre- Board 1 Examination: Full Syllabus			
DECEMBER Pre-Board 2 Examination	REVISION for Pre- Board 2 Full Syllabus		
JANUARY	Pre- Board 2		
FEBRUARY	Revision		

SUBJECT - Maths

MONTH	MONTHWISE SYLLABUS	NO. OF EXPECTED PERIODS
APRIL	Ch 3 Matrices Ch 4 Determinants Ch. 12 LPP	30
MAY	Ch 1. Relations and Functions Activity 1.:To demonstrate a function which is not one one but is onto .	15
JULY	Ch 2 Inverse trigonometry function Ch. 5.Continuity and Differentiability Activity 2:To verify that the relation is an equivalence relation. Activity 3:Continuity and discontinuity of a function at a point.	32
U T 1 - Ch-3, 4 and 5		
AUGUST	Ch 6 Application of Derivatives Ch 7 Integrals Activity 4:To explore the principal value of the function $\sin^{-1}x$ using a unit circle . Activity 5:To understand the concept of increasing and decreasing function.	20

SEPTEMBER	Ch 8 Application of Integrals Ch 9 Differential equation Activity 6: To understand the concept of absolute maximum and minimum of a function in a close interval through its graph. Activity 7: To verify that the angle in a semi circle is a right angle, using vector method.	24
Half yearly examination (Ch 1,2,3,4,5,6,7,12)		
OCTOBER	Ch 10 Vector algebra Ch 11 Three Dimensional geometry Ch 13 Probability Activity 8: To explain the computation of conditional probability. Lab manual file submission last date 3 /11/2025	24
U T 2 - CH 7, 8 & 9		
NOVEMBER	Revision (Ch -10 to 13)	
PRE BOARD 1 : FULL SYLLABUS		
DECEMBER	Recapitulation : Ch 2 Inverse trigonometry function Ch 7 Integrals	
PRE BOARD 2 : FULL SYLLABUS		
JANUARY	Recapitulation : Ch 8 Application of Integrals Ch 9 Differential equation PRE BOARD 2: FULL SYLLABUS	
FEBRUARY	Recapitulation: Ch 3 Matrices Ch 1 Relation and functions	
FEBRUARY	CBSE Board Examination	

SUBJECT - ACCOUNTANCY		
MONTH	MONTHWISE SYLLABUS	NO. OF EXPECTED PERIODS
APRIL	April	36
	Part-A: Chapter 1- Accounting for Partnership Firms - Fundamentals Chapter 2 Goodwill: Nature and Valuation	
MAY	Chapter3 Change in profit sharing ratio among existing partner	
JULY	Chapter 4 Admission of partner Chapter -5 Retirement of partner	36
UT 1 - chapter-1,2&3		
AUGUST	Chapter-6 Death of partner Chapter-7 Dissolution of partnership firm	32
SEPTEMBER	Chapter-8 Issue of Debentures Part-B Chapter-1 Financial statement of company Chapter-2 Financial statement Analysis	36
HALF YEARLY - CHAPTER-1,2,3,4,5,6,7,8, PART -B CHAPTER -1,2		
OCTOBER	Chapter-3 Accounting Ratio Chapter-4 Cash flow statement Chapter-5 Tools of financial statement Analysis Comparative statement & Common size statement	36
UT 2 - Part- B Chapter -1,2,3,4 and 5		
NOVEMBER	Project work Preboard examination : Whole syllabus	
Preboard exam- FULL SYLLABUS		
DECEMBER	Revision part -A Chapter 1 to 9 Preboard syllabus : Whole syllabus	

Preboard EXAM - FULL SYLLABUS		
JANUARY	Revision Part-B Chapter 1 to 5	
FEBRUARY	CBSE Board Examination	

SUBJECT – BUSINESS STUDIES		
MONTH	MONTHWISE SYLLABUS	NO. OF EXPECTED PERIODS
APRIL	Chapter 1 NATURE AND SIGNIFICANCE OF MANAGEMENT Chapter 2 PRINCIPLES OF MANAGEMENT	36
MAY	Chapter-3 BUSINESS ENVIRONMENT Chapter-4 PLANNING	20
JULY	Chapter-5 ORGANISING Chapter -6 STAFFING	36
UT 1: CHAPTER-1 NATURE AND SIGNIFICANCE OF MANAGEMENT CHAPTER-2 PRINCIPLES OF MANAGEMENT		
AUGUST	Chapter- 7 DIRECTING Chapter-8 CONTROLLING	32
SEPTEMBER	Chapter -9 FINANCIAL MANAGEMENT Chapter -10 FINANCIAL MARKET	20
Half yearly Examination: CHAPTER-3 BUSINESS ENVIRONMENT, CHAPTER-4 PLANNING, CHAPTER-5 ORGANISING, CHAPTER-6 STAFFING, CHAPTER-7 DIRECTING, CHAPTER-8 CONTROLLING		
OCTOBER	Chapter -11 MARKETING	20
UT 2: chapter - 9 & chapter 10		
NOVEMBER	Chapter -12 CONSUMER PROTECTION	36
DECEMBER	PRE-BOARDS - Full Syllabus	
JANUARY	BOARD PRACTICALS	
FEBRUARY	Revision	

SUBJECT - ECONOMICS		
MONTH	MONTHWISE SYLLABUS	NO. OF EXPECTED PERIODS
APRIL	Book -1, Macro Economics Ch-5 Money Ch-6 Banking Ch-10 Government Budget	27 Period

MAY	Ch-11 Foreign Exchange Rate Ch-12 Balance of Payment Ch – 7 Aggregate Demand Aggregate Supply and Related Concepts	20 Period
JULY	Ch-8 Short Run Equilibrium Output Ch-9 Problem of deficient demand and Excess demand Book-2, Indian Economy Development Ch-1 Indian Economy on the eve of Independence Ch-2 Economic system and common Goals of five year plans Ch-3 Indian Economy (1950-1990)	36 Period
UT-1 Syllabus : Ch – 7 , 8 and 9 Macro Economics		
AUGUST	Macro Economics	30 Period
	Ch-1 Introduction Ch-2 Basic Concepts Of Macro Economics Ch-3 National Income and Related aggregates Ch -4 Methods of calculating national Income	
SEPTEMBER	Book-1, Indian Economy Development Ch-4 Economic Reform Since 1991:New Economic policy Ch- 5 Human capital formation in India Ch-6 Rural Development	18 Period
HALF YEARLY EXAMINATION: Macroeconomics ch-1 to 12 Indian economic development ch 1 to 3		
OCTOBER	Ch-7 Employment Ch-8 Environment and sustainable development Ch-9 Comparative Development Experiences of India and its Neighbours	22 Period
UT2: Ch - 6 Rural development Ch -7 Employment Ch -8 Environment and sustainable development		
NOVEMBER	Recapitulation : *Money and banking *Government budget and Foreign exchange	
Preboard Examination Syllabus: Whole Syllabus		
DECEMBER	Recapitulation : *National income and related aggregates *Determination of income and employment *Current challenges facing by Indian Economy	
JANUARY	Practical Examination & Recapitulation : * Indian Economy on the eve of independence *Development experience of India and its Neighbouring countries *New Economic reforms	
FEBRUARY	CBSE Board Examination	

MONTH	SUBJECT : INFORMATICS PRACTICES MONTHWISE SYLLABUS	NO. OF EXPECTED PERIODS
APRIL	CH 1- (Part A) Python Pandas-1 – Series CH 5 MySQL Revision Tour Practicals: <ul style="list-style-type: none"> • Panda’s series from a dictionary of values and a ndarray • Renaming, reindexing of indices in series. • Slicing a Series • Selection of rows and columns in SQL • Distinct and Column Aliases • Pattern matching and NULL • Insertion, Deletion, Alter and Drop 	25
	CH 5 MySQL Revision Tour	20
MAY	Practicals: <ul style="list-style-type: none"> • Pattern matching and NULL • Insertion, Deletion, Alter and Drop 	
JULY	July (Part B) Python Pandas-1- DataFrames CH- 3 Plotting with PYPLOT Ch 4 – Importing /Exporting Data b/w CSV, MySql & Pandas Practicals: using read_csv() to read csv files Using write_csv() to write into csv files. Practicals: creating a dataframe using nested list, dictionary of lists, dictionary of series, list of dictionaries <ul style="list-style-type: none"> • adding a row/column in a dataframe • deleting a row/column in a dataframe • Renaming, reindexing of row labels /column labels • Slicing of dataframe • loc, iloc functions in dataframe • Importing matplotlib library • Creating a Line chart with naming x and y axis , legends and various other functions • Creating a Bar graph , adding labels & titles • Creating a histogram using hist() 	33
UT-1 : UT-1-- Ch-1,CH-5		

AUGUST	CH 6- MySQL Functions CH 7- Querying using SQL CH 8- Join in SQL Practicals: <ul style="list-style-type: none"> • Math Functions - : Power (), Round (), Mod () • Text Functions: - Ucase ()/Upper (), Lcase ()/Lower (), Mid ()/Substring()/Substr (), Length (), Left (), Right (), Instr (), Ltrim (), Rtrim (), Trim (). • Date Functions: Now (), Date (), Month (), Monthname (), Year (), Day () , Dayname (). • Aggregate Functions: Max (), Min (), Avg (), Sum (), Count (); Count (*). • Querying and manipulating data using Group by, Having, Order by 	33
SEPTEMBER	Recapitulation- Ch-1,3,4,5,6,7,8 Practical File Submission	27
HALF YEARLY EXAMINATION : Ch-1,3,4,5,6,7,8		
OCTOBER	CH 9- Introduction to Computer Networks	22
	CH 10- Introduction to Internet and Web CH 11- Societal Impacts	
UT-2 : Ch-7,CH-8,CH- 9		
NOVEMBER	Recapitulation : Ch-1,3,4,5,6,7,8,9,10,11	
PRE-BOARD EXAMINATION 1: Ch-1,3,4,5,6,7,8,9,10,11		
DECEMBER	Recapitulation : Ch-1,3,4,5,6,7,8,9,10,11	
PRE-BOARD EXAMINATION 2: Ch-1,3,4,5,6,7,8,9,10,11		
JANUARY	Recapitulation : Ch-1,3,4,5,6,7,8,9,10,11	
FEBRUARY		
MARCH		

MONTH	SUBJECT : HINDI MONTHWISE SYLLABUS	NO. OF EXPECTE D PERIODS	
APRIL	अंतरा भाग-2 :- गद्य खंड पाठ-1: रामचंद्र शुक्ल प्रेमघन की छाया-स्मृति पाठ-2: पंडित चंद्रधर शर्मा गुलेरी सुह्रम रानी के मनके	15	
MAY	अंतरा भाग-2 :- काव्य खंड पाठ-1: जयशंकर प्रसाद (क) देवसेना का गीत (ख) कानन लीला का गीत अभिव्यक्ति और माध्यम पाठ-3: पत्रकारीय लेखन के विभिन्न रूप और लेखन प्रक्रिया	30	
JULY	अंतराल पाठ-1: प्रेमचंद सूरदास की झोपड़ी अंतरा गद्य खंड पाठ-3: कृष्णश्वरनाथ रेणु सर्वादिता	20	
UT-1 : अंतरा भाग-2 :- काव्य खंड पाठ-1: जयशंकर प्रसाद			
(क) देवसेना का गीत (ख) कानन लीला का गीत गद्य खंड पाठ-1: रामचंद्र शुक्ल प्रेमघन की छाया-स्मृति पाठ-2: पंडित चंद्रधर शर्मा गुलेरी सुह्रम रानी के मनके अभिव्यक्ति और माध्यम पाठ-3: विभिन्न माध्यमों के लिए लेखन अपठित • गद्यांश • काव्यांश			

AUGUST	अंतरा भाग-2 :- काव्य खंड <u>पाठ-2: सुयकान्त त्रिपाठी 'नराला' (क)</u> सरोज स्मृति <u>पाठ-3: सि चदानंद हीरानंद वात्स्यायन 'अज्ञेय' (क)</u> यह दीप अकेला (ख) मैंने देखा, एक बंदूद गद्य खंड <u>पाठ-4: भीष्म साहनी</u> गांधी, नेहरू और यास्सेर अराफ़ात अभिव्यक्ति और माध्यम <u>पाठ-5: विशेष लेखन-स्वरूप और प्रकार</u>	30	
SEPTEMBER	अंतरा भाग-2 :- काव्य खंड <u>पाठ-4: केदारनाथ सिंह</u> (क) बनारस (ख) दिशा <u>पाठ-5: रघुवीर सहाय</u> (क) वसंत आया (ख) तोड़ो गद्य खंड <u>पाठ-5: असगर वजाहत</u> शेर, पहचान, चार हाथ, साझा <u>पाठ-6: निमल वमा</u> जहाँ कोई वापसी नहीं अंतराल भाग-2:- <u>पाठ-2: विश्वनाथ त्रिपाठी</u> बिस्कोहर की माटी	20	
HALF YEARLY EXAMINATION : अधवाषिक परीक्षा अंतरा भाग-2 :-			

	<p>काव्य खंड</p> <p>पाठ-1: जयशंकर प्रसाद (क) देवसेना का गीत (ख) कानूँलया का गीत</p> <p>पाठ-2: सूर्यकान्त त्रिपाठी 'नराला' (क) सरोज स्मृति</p> <p>पाठ-3: सि चदानंद हीरानंद वात्स्यायन 'अज्ञेय' (क) यह दीप अकेला (ख) मैंने देखा, एक बूँद</p> <p>गद्य खंड</p> <p>पाठ-1: रामचंद्र शुक्ल प्रेमघन की छाया-स्मृति</p> <p>पाठ-2: पंडित चंद्रधर शमा 'गुलेरी' सुष्म रनी के मनके</p> <p>पाठ-3: फणीश्वरनाथ 'रेणु' संवादिया</p> <p>पाठ-4: भीष्म साहनी गाँधी, नेहरू और यास्सेर अराफ़ात</p> <p>अंतराल</p> <p>पाठ-1: प्रेमचंद सूरदास की झोपड़ी</p> <p>अभिव्यक्ति और माध्यम</p> <p>पाठ-3: विभिन्न माध्यमों के लिए लेखन</p> <p>पाठ-4: पत्रकारीय लेखन के विभिन्न रूप और लेखन प्रक्रिया</p> <p>अपठित</p> <ul style="list-style-type: none"> • गद्यांश • काव्यांश 	
OCTOBER	<p>अंतरा भाग-2</p> <p>काव्य खंड</p> <p><u>पाठ-6: तुलसीदास</u> (क) भरत-राम का प्रेम (ख) पद</p> <p><u>पाठ-7: मलिक मुहम्मद जायसी</u> बारहमासा</p> <p><u>पाठ-8: विद्यापति</u> पद</p> <p><u>पाठ-9: घनानंद</u> कवित्त गद्य</p> <p>खंड</p> <p><u>पाठ-7: ममता कालिया</u> दूसरा देवदास</p> <p><u>पाठ-8: हजारी प्रसाद द्विवेदी</u> कुटज</p> <p>अंतराल भाग-2</p> <p><u>पाठ-3: प्रभाष जोशी</u></p> <p>अपना मालवा-खाऊ-ऊजाड़ सभ्यता से अभिव्यक्ति</p> <p>और माध्यम</p> <p>पाठ-5: विशेष लेखन-स्वरूप और प्रकार</p> <p>पाठ-6: कैसे बनती है कविता</p>	

	पाठ-7: नाटक लिखने का व्याकरण पाठ-8: कैसे लिखें कहानी	
UT-2 : अंतरा भाग-2 काव्य खंड पाठ-4: केदारनाथ सिंह (क) बनारस (ख) दिशा गद्य खंड पाठ-5: असगर वजाहत शेर, पहचान, चार हाथ, साझा अंतराल भाग-2 पाठ-2: विश्वनाथ त्रिपाठी बिस्कोहर की माटी		
NOVEMBER	Chapter wise PYQ practice and revision	
PRE-BOARD EXAMINATION 1 वाषिक परीक्षा पाठ्यक्रम अंतरा भाग-2 :- काव्य खंड पाठ-1: जयशंकर प्रसाद (क) देवसेना का गीत (ख) कान फ्लया का गीत पाठ-2: सूर्यकान्त त्रिपाठी 'निराला' (क) सरोज स्मृति पाठ-3: सि चदानंद हीरानंद वात्स्यायन 'अज्ञेय' (क) यह दीप अकेला (ख) मैंने देखा, एक बंद पाठ-4: केदारनाथ सिंह (क) बनारस (ख) दिशा पाठ-5: रघुवीर सहाय (क) वसंत आया (ख) तोड़ो पाठ-6: तुलसीदास (क) भरत-राम का प्रेम (ख) पद पाठ-7: मलिक मुहम्मद जायसी बारहमासा पाठ-8: विद्यापति पद पाठ-9: घनानंद कवित्त गद्य खंड पाठ-1: रामचंद्र शुक्ल प्रेमघन की छाया-स्मृति पाठ-2: पंडित चंद्रधर शर्मा 'गुलेरी' सुष्म रानी के मनके पाठ-3: फणीश्वरनाथ 'रेणु' संवादिया पाठ-4: भीष्म साहनी गाँधी, नेहरू और यास्सेर अराफ़ात पाठ-5: असगर वजाहत शेर, पहचान, चार हाथ, साझा पाठ-6: निमूल वमा जहाँ कोई वापसी नहीं		

<p>पाठ-7: ममता कालिया दूसरा देवदास</p> <p>पाठ-8: हजारी प्रसाद द्विवेदी कुटज</p> <p>अंतराल भाग-2:-</p> <p>पाठ-1: प्रेमचंद सूरदास की</p> <p>झोपड़ी पाठ-2: विश्वनाथ त्रिपाठी</p> <p>बिस्कोहर की माटी</p> <p>पाठ-3: प्रभाष जोशी अपना मालवा-खाऊ-ऊजाड़ सभ्यता से</p> <p>अभिव्यक्ति और माध्यम</p> <p>पाठ-3: विभिन्न माध्यमों के लिए लेखन</p> <p>पाठ-4: पत्रकारीय लेखन के विभिन्न रूप और लेखन प्रक्रिया</p> <p>पाठ-5: विशेष लेखन-स्वरूप और प्रकार</p> <p>पाठ-6: कैसे बनती है कविता</p> <p>पाठ-7: नाटक लिखने का व्याकरण</p> <p>पाठ-8: कैसे लिखें कहानी</p> <p>अपठित</p> <ul style="list-style-type: none"> • गद्यांश • काव्यांश 	
<p>DECEMBER Sample paper, practice, test</p>	
<p>PRE-BOARD EXAMINATION 2: वार्षिक परीक्षा पाठ्यक्रम अंतरा</p> <p>भाग-2 :- काव्य खंड</p> <p>पाठ-1: जयशंकर प्रसाद (क) देवसेना का गीत (ख) कानूँलिया का गीत</p> <p>पाठ-2: सूर्यकान्त त्रिपाठी 'निराला' (क) सरोज स्मृति</p> <p>पाठ-3: सि चदानंद हीरानंद वात्स्यायन 'अज्ञेय' (क) यह दीप अकेला (ख) मैंने देखा, एक</p> <p>बंदू पाठ-4: केदारनाथ सिंह (क) बनारस (ख) दिशा</p> <p>पाठ-5: रघुवीर सहाय (क) वसंत आया (ख) तोड़ी</p> <p>पाठ-6: तुलसीदास (क) भरत-राम का प्रेम (ख) पद</p> <p>पाठ-7: मलिक मुहम्मद जायसी बारहमासा</p> <p>पाठ-8: विद्यापति पद</p> <p>पाठ-9: घनानंद कवित्त</p> <p>गद्य खंड</p> <p>पाठ-1: रामचंद्र शुक्ल प्रेमघन की छाया-स्मृति</p> <p>पाठ-2: पंडित चंद्रधर शमा गुलेरी सुष्म रानी के मनके</p> <p>पाठ-3: फणीश्वरनाथ रेणु संवादया</p> <p>पाठ-4: भीष्म साहनी गांधी, नेहरु और यास्सेर अराफ़ात</p>	

पाठ-5: असगर वजाहत शेर, पहचान, चार हाथ, साझा पाठ-6: निमल वमा जहाँ कोई वापसी नहीं पाठ-7: ममता कालिया दूसरा देवदास पाठ-8: हजारी प्रसाद द्विवेदी कुटज अंतराल भाग-2:- पाठ-1: प्रेमचंद सूरदास की झोपड़ी पाठ-2: विश्वनाथ त्रिपाठी बिस्कोहर की माटी पाठ-3: प्रभाष जोशी अपना मालवा-खाऊ-ऊजाड़ सभ्यता से अभिव्यक्ति और माध्यम पाठ-3: विभिन्न माध्यमों के लिए लेखन पाठ-4: पत्रकारीय लेखन के विभिन्न रूप और लेखन प्रक्रिया पाठ-5: विशेष लेखन-स्वरूप और प्रकार पाठ-6: कैसे बनती है कविता पाठ-7: नाटक लिखने का व्याकरण पाठ-8: कैसे लिखें कहानी अपठित • गद्यांश • काव्यांश			
JANUARY	Revision, test		
FEBRUARY	Revision, test		
MARCH	Exam preparation		

MONTH	SUBJECT : PHYSICAL EDUCATION MONTHWISE SYLLABUS	NO. OF EXPECTED PERIODS
APRIL	Unit-1 Management of Sporting Events.	23
MAY	Unit-2 Children And Women In Sports.	20
JULY	Unit-3 Yoga As Preventive Measure For Lifestyle Disease. Unit-4 Physical Education And Sports For CWSN (Children With Special Needs- Divyang) Activity:- Prepare a poster on strategies to make physical activities accessible for children with special needs for the notice board of school.	36
PT-1 / UT-1 :UNIT 1 And 2		
AUGUST		32

	<p>Unit-5 Sports And Nutrition.</p> <p>Activity:- Take five ready to eat food items like packets of chips, etc. check their nutritive values displayed on the packets and analyze which of them are good and bad for your health.</p> <p>Activity:- Draw a food pyramid.</p> <p>Unit- 6 Test And Measurement In Sports.</p> <p>Activity:- Draw a flow chart of Rikli and jones- senior citizen fitness test.</p> <p>Practical:- SAI khelo India physical fitness test.</p>	
SEPTEMBER	<p>Unit-7 Physiology And Injuries In Sports.</p> <p>Activity:- Create a flowchart on classification of sports injuries.</p> <p>Practical:- Brockport physical fitness test (BPFT)</p> <p>Project file submission</p> <p>Unit-8 Biomechanics And Sports.</p>	20
HALF YEARLY EXAMINATION : UNIT 1,2,3,4,5,6		
OCTOBER	<p>Unit:9 Psychology And Sports.</p> <p>Activity-1: Draw a free hand drawing of a type of aggression in sports.</p> <p>Activity-2: Which of your personality trait would you never want to change and which one would you like to change and why? discuss with your friends.</p> <p>Practical:- Proficiency in games and sports (skill of any IOA recognised sports game of choice .</p> <p>Unit-10 Training In Sports.</p>	20
NOVEMBER	<p>REVISION</p> <p>Pre Board Examination – I - Full Syllabus</p>	20
PT-2/UT-2 : UNIT-7,8		
DECEMBER	Pre Board Examination – II Full Syllabus	
JANUARY	<p>Recapitulation</p> <p>PRACTICAL EXAMINATION</p>	

FEBRUARY	BOARD EXAMINATION	
MARCH		